"Transitions EAAT is a Christian ministry dedicated to the physical, mental and social development of people with special needs and their families through therapeutic contact with a horse in a safe environment."
251-382-8794
Transitions EAAT Specializes
In Helping With...

www.TransitionsEAAT.org

- Autism
- Asperger's
- Concentration
- Hyperactive Disorder
- PTSD
- Cerebral Palsy
- Multiple Sclerosis
- Self-Esteem Issues
- Motor Coordination
- Balance & Paralysis
- Learning Difficulties
- Muscle Tone

- Anxiety
- ADD
- OCD
- ODD
- ADHD
- Anger
- Stroke
- Weight Control
- Social Skills
- Posture
- Physical Abuse
- Substance Abuse

AND MUCH MORE!
Dawn Honeycutt
Executive Director

PASSION

“As a child I was told we couldn’t afford horses so I began doing chores at a local barn for lessons. I fell in love with these amazing animals and, today, Transitions EAAT enables me to minister to young and old, weak and strong riders and those who simply like to ride.

Being able to work with veterans who have PTSD, kids and adults with OCD, Autism, motor skill deficiencies and other disabilities is a dream come true because I get to see them get better! As a mom of two children with disabilities and the wife of a husband with brain damage I know first hand the benefits of equine therapy.”

Transitions is the ONLY therapeutic riding facility in lower Alabama with a PATH Intl. certified trainer.

EXPERTISE

- B.A. in Music & Graduate work in substance abuse counseling
- Worked with horses for 40+ years
- Trained riders and their mounts for 30+ years.
- Assistant Trainer at Echo Hills Farm (Debbie Robison - Expert trainer in Eventing), Worked with challenging horses.
- Riding Instructor/Trainer for BCM Morring
- Riding Instructor/Trainer for Mobile Equestrian Center
- Certified Safety Instructor Am. Assoc. of Horsemanship Safety
- Competed at Prix St. George Level.
- Mother of 2 children with special needs and wife of a disabled husband.

Path International Certified Therapeutic Riding Instructor
Dawn Honeycutt Tailors Every Ride to the Skill Level of the Rider.

From the Complete Beginner...

To the MUCH More Advanced!
Weight Gain (especially around the thighs and hips)
- PMS
- Menstrual Cramps
- Migraines
- Acne
- Irregular Menstrual Bleeding
- Breast Tenderness
- Hot Flashes
- Bloating
- Constipation
- Vaginal Dryness
- Facial Hair
- Depression
- Decreased Sex Drive
- Fibroid Tumors
- Endometriosis
- Memory Loss
- Foggy Thinking
- Cold Hands & Feet
- Osteoporosis
- Mood Swings
- Dry Skin
- and more...

Benefits of Riding

- Increased Muscle Tone
- Better Range of Motion
- Improved Self Esteem
- Having Fun
- Lasting Friendships
We Need Your Help to Help Others With Your Donation...

- You can increase the number of people with special needs who can benefit from equine therapy.

- You can provide a veteran suffering with PTSD the calming presence of a 1,000-pound friend (horse).

- You can boost the self-esteem and sense of responsibility of an at-risk youth.

- You can enhance the communication and social skills those with down syndrome.
You can help establish a permanent center for our operations and programs for generations to come and even memorialize a loved-one.*

You can give people with special needs the ride of their life through equine assisted activities and therapy.

You can help build our community's awareness of special needs families and provide opportunities for involvement through volunteerism, special events, and philanthropy.

*We allow our donors to make a one-time donation or a donation in perpetuity for a loved-one. In doing so you can choose to have their name engraved on a plaque and displayed on a special barn door. Other options are also available.
Eventing Shows Allow Our Clients to Celebrate What They’ve Learned

Skyler - 12
Megan - 29
Betty - 21

Sydney - 15
Aniston - 13
Suzie - 15

D.J. - 6
Ella - 10
Amy - 25

Kevin - 11
Marisol - 7
Brandon - 5
Tending to the Horses and the Barn Teaches Personal Responsibility
Every Ride Is Therapeutic

Seeing children, adults and veterans change, heal and grow when teamed with a horse is nothing short of amazing.

- Those with physical disabilities gain strength and balance.

- Those with emotional struggles find peace and coping skills.

- Those with learning disabilities find focus and gain skills that help them learn easier.

- Every person, whether disabled or fully-abled, find something special about themselves and the world around them when partnered with our horses.

That’s why we say...

Every Ride
Is
Therapeutic
Helping Those Who Have Served Us!

Every man or woman who serves the United States of America in any branch of the armed services deserves our respect. But, sometimes they need more than respect... they need help to integrate back into civilian life. Transitions EAAT can help.

- Grief
- Violent Behavior
- Anxiety
- Alcoholism
- Substance Abuse
- Physical Injuries
- Depression
- Dementia
- Migraines
- Irritability
- PTSD
- Language Disabilities
What Veterans Say About Equine Therapy:

- “When you’re in the saddle, the world we walk in seems to melt away. I can focus all my energy on my horse and forget everything else.” CPL K. M

- “When I’m with Roany I’ve got a 1000 pound buddy who listens to me and doesn’t mind how I look. He just wants me to be his friend and doesn’t care what I’ve done.” SGT C. A.

- “Mrs. Dawn taught me to ‘remember’ the ride I just had or how my horse knickered at me when I came to the barn instead of thinking about things that happened years ago.” STAFF SGT P. S.
Sophia
Age: 6

Dawn Honeycutt
‘Love Squeeze’ for Mrs. Dawn

My son, Trace, has autism. We are blessed beyond words by the Transitions EAAT therapeutic riding program.

No matter how bad my son's day has been, he lights up when we arrive at the barn. He absolutely loves 'his' horse, Baby, and she loves him. It's amazing to me that a 1200-pound animal can connect with a little boy who is only 4 years old, is all but non-verbal and has behavioral issues. But, as I've learned, horses are very intuitive and the way Baby interacts with Trace (and the way I've personally seen other horses Dawn has in her program interact with everyone from children to battle-hardened military veterans) is nothing less than astounding and inspiring.

The Transitions EAAT program works! It has improved my son's core strength, flexibility and balance. The riding has a calming effect and reduces some of his stimming (the repetitive movements and sounds those who have autism often make). He is able to focus better, his vocabulary has broadened and he has fewer tantrums.

Transitions EAAT makes learning fun for Trace.

Eva Jones - Thrilled Special Needs Parent
A Few Facts:

- **4,456** school-aged children with disabilities would potentially benefit from Equine Therapy in Mobile County alone.*
- **2265+** Veterans have a disability in Mobile County.*

- Nearly **60%** of our clients (vets and children) can’t afford therapy so we provide it **FREE**. Each session costs us **$85/hour**.
- Transitions **EAAT** is the **ONLY** Path Intl. Certified Member Center in South Alabama.
- Each horse increases the number of weekly therapy sessions we can provide by **10**. We would like to increase the number of sessions from **80 to 250 each week**.

*National Census, Mobile County School Systems and Goodwill Easterseals*
- **For Veterans**
  - Heroes Fellowship
  - Horse Sense Introduction

- **For Those With Special Needs**
  - Para Events (for those who have special needs)
  - Equine Therapy (ages 5 & up)

- **For Schools and the Community in General**
  - Introduction to Horses & Physical Therapy
  - Volunteer Opportunities
Young or Old - Male or Female
Equine Therapy Helps Everyone
Community Events

Transitions EAAT is committed to helping as many people as possible. To help us accomplish this goal we’ve engaged members of our community to introduce them to equine therapy in a variety of ways including:

- **For Runners and Walkers**

  A 5K Run  
  Obstacle Course Challenges

- **For Horse (Equine) Enthusiasts**

  Dressage Events  
  Cross Country Events
Danielle and Noah
Before Horse Show
Noah, Becky Parsons, and Danielle
After Florabana Horse Show
Danielle After
Horse Show

First and Second Place AND Overall Winner!!

Brittany - 25

Karen - 34

Valentina - 7
Kylie
Age: 15

Casey
Age: 11

Ella
Age: 10

Abby
Age: 12

Santana
Age: 8

Danielle
Age: 10
The Mobile Equestrian Center...
It’s BIGGER Than ALL of Us!!!

You’ve seen a few examples of Transitions EAAT’s life-changing experiences. Now we need YOUR help to create many more.

Because the numbers of those with special needs continues to increase, Transitions EAAT NEEDS to expand - beginning with the purchase of the Mobile Equestrian Center, part of the local Equine Community for over 30 years.

To accomplish our goal we need your help in raising $548,800.

Your tax deductible donation can become a contribution for generations to come.
How You Can Help Us Help Others:

- Do you personally know someone who has ADHD, PTSD, Anxiety, MS, Autism, Asperger’s or any other special need? If so, would you tell them about us?

- If you were us... how would you reach our financial goals so you could help others? Would you be willing to help us accomplish this?

- Would you consider giving a generous donation IF you KNEW it would be used wisely to help those who need it most? If so... we PROMISE to do this!

Transitions EAAT Board of Directors

Dr. Blair Saale, PT, DPT, NCS
President of Transitions EAAT
Assistant Professor and Assistant Director of Clinical Education at the University of South Alabama

Holly Fountain
Vice President of Transitions EAAT
Volunteer Coordinator of Transitions EAAT
Artist for DMH Salon

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Rev. Lonnie Honeycutt
Secretary of Transitions EAAT
Co-Founder of Transitions EAAT
Author: Living Jesus Out Loud
Transitions EAAT
700 Eliza Jordan Rd. N.
Mobile, AL 36608

Dawn Honeycutt
Executive Director
PATH, Intl. Certified Instructor
251-382-8794

Facebook.com/Transitions-EAAT

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